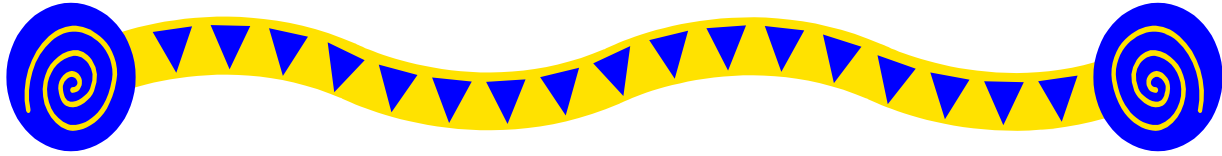


Year 2066 in the Nepalese Psychology



Psychology Network completed its first year of its beginning. Many new members joined in the network and lots of information was shared related to the news and events happening in Psychology field. Our network established a long-term communication channel in this field which also successfully introduced the cyber culture through various social networking sites such as facebook, scribd, citeulike and so on.



Some pictures of the program: Shishir Subba, Professor of Psychology, TU (left) and other guests (right).



Explore Psychology Nepal was established by the group of former psychology students from the Central Department of Psychology. Some of the members like Pramesh Pradhan, Hashana Shrestha, Lila Khanal, etc were the ones who did the research on sports in the National games and SAF games held in Dhaka.

In facebook: EPN Kathmandu



One day seminar and workshop on “Psychological & Social Issues & Mental Health” was successfully conducted by Central Department of Psychology, Nepalese Psychological Association (NPA) and Nepal Suicide Prevention and Mental Health Research Center (NSPMHRC) at Pension Vasana Hotel on 29 Falgun , Saturday. There was massive participation in the program which included over 120 people. The hall was full of people and this was a good sign of support towards this kind of program.

There were paper presentations by: Sabitri Sthapit on ‘Menstrual experience and literate mothers’, Usha Kiran on ‘Cultural Notion of depression in Nepal’, Prem Pariyar on ‘Suicide situation in Nepal’, Madan Rimal on ‘Role of locus of control and self-esteem in prosocial behavior’, Nar Bd. Thapa on ‘Social exclusion and its effects on psychosocial well-being among the caste and ethnic groups in Nepal’ and Narayan Pd. Sharma on ‘Case study on suicidal burn patients at bir hospital, kathmandu’ respectively. The poster presentations included posters by Dr. Shanta Nirauala, Kabita Khati, Khem Bhatta, Goma Khatri, Hasahana Shrestha and Lila Khanal, Sandesh Dhakal, Dr. Bharati Ahikari, Dr. Rita Shrestha, Sanjesh Shrestha and Sujen Man Maharjan. There were 10 posters presented in the seminar.

Central Association of Psychology Students (CAPS), an academic student council in Central Department of Psychology was reformed and activated after the gap of about 10 months. The new committee consists of Ms. Renu Shakya, President, Mr. Sujen Man Maharjan, Vice President, Mr. Shyam Sundar Shrestha, General Secretary, Ms. Bunty Shrestha, Treasurer, and teachers of the department as the advisors.

Suicide Rates rising at an alarming rate: In 2066, Nepal’s Department of Health Services released shocking findings in its report, “*Maternal Mortality and Morbidity Study 2008/2009*” which stated that Nepalese women are committing suicide at an alarming rate. Suicide is now the leading cause of death among women of reproductive age (15-49), accounting for almost 16 percent of deaths in that age group. In the past 10 years there has been a significant change in the health and wellbeing of Nepalese women. Suicide has overtaken maternal mortality as the leading cause of death for young women. According to a similar study in 1998, suicide then ranked as the third single cause of death.

If you know about any other news or events, please, share it by sending to:

psychology-network@googlegroups.com